

Name	Dr Brooke Heinicke	
Statement	Dr. Brooke Heinicke is a Clinical Psychologist who understands that each person has their own unique situation and tailors treatment to suit their particular needs. Brooke is a compassionate, honest and empathic psychologist, who strives to help people achieve better quality of life. She works collaboratively with them to develop a better understanding of their concerns and find a way forward that will help them develop strategies that they can use for the rest of their life.	
Clients	Adults – Men and Women	
Issues	Eating Disorders, including Anorexia and Bulimia Body Image Concerns Disordered Eating, including Binge eating and Weight issues Anxiety Low self-esteem Phobias Obsessive-Compulsive disorder Mood-related disorders	
Treatment Modalities	ACT CBT Interpersonal Psychotherapy Schema Therapy The Maudsley Model (a family-based treatment for eating disorders)	
Experience	Specialist Eating Disorder Clinic Private Practice Developed an internet-based body image and eating program for adolescent girls and published research associated with this	
Qualifications	Bachelor of Science (Honours) Doctorate of Psychology (Health)	
Affiliations	AHPRA Registration Member of the Australian Psychological Society (MAPS) Member of Clinical College of Psychologists	