

Name	Dr Melissa Duncombe
Statement	Dr. Melissa Duncombe is a registered psychologist with twenty years combined experience in mental health and psychological intervention for adults and children. She has a warm and empathic style and focuses on validating your experience and seeing things from your perspective. Melissa's priority is acknowledging and normalising your feelings in a non-judgemental and compassionate manner. She also will assist you in learning new strategies in dealing with your particular concerns and the challenges of life.
Clients	Adults Adolescents (14years and older) Parents of primary- and high-school age children Seniors
Issues	Mood and Anxiety disorders Grief and Bereavement Parenting Issues Learning Disorders Trauma and Stress management Self-esteem and Self-development Workplace Stress, Health and Wellbeing
Treatment Modalities	CBT and ACT Mindfulness Emotion-focused Strategies Hypnotherapy
Experience	Community Mental Health Post-Acute Brain Injury Hospitals Non-Government Organisations Schools Owned and managed a private practice for 5 years
Qualifications	Bachelor Arts (Honours) Masters of Arts (Clinical Neuropsychology) PhD (Psychology) Graduate Diploma in Clinical Hypnotherapy Developmental Psychiatry Course Positive Parenting Program Tuning into Kids
Affiliations	AHPRA Registration Member of Australian Psychological Society (MAPS) Fellow of College of Clinical Neuropsychology