

Name	Ms Amy Brandler	
Statement	<p>Ms Amy Brandler provides a warm, validating space for clients to open up about their concerns. She tailors her therapeutic approach to each client's individual circumstance and understands that the hardest step is showing up for your first session.</p> <p>Thanks to Amy's broad experience she knows that a variety of factors in our life lead us to where we are today. She aims to increase her clients' self-awareness and takes a compassionate, collaborative approach, building a strong therapeutic relationship where healing can begin and helpful strategies can be learnt.</p>	
Clients	<p>Adults Couples Adolescents (14 years and older)</p>	
Issues	<p>Trauma, Anger Management, Anxiety, Addiction, Borderline Personality Disorder & Relationship Difficulties.</p>	
Treatment Modalities	<p>Cognitive Behavioural Therapy Dialectical Behavioural Therapy Schema Therapy Acceptance & Commitment Therapy and Mindfulness Motivational Interviewing</p>	
Experience	<p>Private Practice Prisons Community Based Services</p>	
Qualifications	<p>Bachelor of Psychology (Honours) Master of Psychology (Forensic)</p>	
Affiliations	<p>AHPRA Registration – Endorsement as Forensic Psychologist and Board Approved Supervisor Member of the Australian Psychological Society (MAPS) Member of Australian and New Zealand Association for the Treatment of Sexual Abuse (ANZATSA)</p>	