

<b>Name</b>	<b>Ms Jennifer Cidoni</b>	
Statement	<p>Jennifer has 20 plus years of experience working as a Social Worker/Counsellor and Family Therapist working in a range of mental health settings both in public mental health and community settings. Jennifer has a passion for working with children who are having difficulty regulating their emotions. Her approach is warm and empathetic with a focus on engagement and having fun whilst working collaboratively with parents.</p> <p>Jennifer is experienced in working with children, families and adults who are experiencing anxiety, depression, adjustment disorders, post-natal depression, grief and loss, self-esteem issues, parenting issues, family breakdown and anger management.</p> <p>Jennifer has also had experienced in working with families with a specialty being working with adolescents with eating disorders.</p>	
Clients	Children Adolescents Adults	
Issues	Anxiety/Depression/Anger Mgt Family Issues/ Parenting Grief and Bereavement Trauma and Stress management Self-esteem Relationship Issues Gambling	
Treatment Modalities	Strengths Based Solution Focused Therapy CBT Mindfulness Emotion focused strategies Brief Solution Focused therapy Family Therapy Family Based Treatment- Eating Disorders	
Experience	Early in Life Mental Health Service- (ELMHS) Monash Health Department of Health and Community Services (DHHS) Community Health/Gamblers Help Alzheimers Australia Public Mental Health Clinical Supervision students and staff Not for Profit and Community based services Private practice	
Qualifications	Bachelor of Arts (Social Sciences) Bachelor of Social Work ( Hons) Post Graduate Diploma (Family Therapy) Accredited Mental Health Social Worker	

Affiliations	Accredited member of Australian Association of Social Workers (AASW)