

Name	Dr Natasha Davison
Statement	<p>Natasha has a unique, warm and engaging style of working with people, in which people are able to relax and do their best work to get the best results for them. She is caring, non-judgemental, and committed to people getting the outcome and results they are looking for, no matter what it takes.</p> <p>Natasha has worked as a psychologist within the Diamond Creek community since 2015. She is the owner and manager of Your Local Psychologist and has built 'Your Local Psychologist' into a thriving clinic. During this time she has had the privilege of helping hundreds of people resolve their issues and move forward to create a better life.</p> <p>In addition to being a registered psychologist for more than 10 years, Natasha is also an accredited results coach, a neuro-linguistic clinician, and a hypnotherapist. She is passionate about helping people in the shortest possible amount of time to get the biggest possible changes. Therefore she continues to seek and find new ways and methods to get transformational change for people, with the least amount of pain, in the shortest possible time.</p> <p>Natasha brings extensive life and work experience, and a deep level of caring and commitment to all people to have and create better lives for themselves.</p>
Clients	Adults
Issues	<ul style="list-style-type: none"> • Anxiety/ Phobias/ Stress • Chronic Pain • Chronic Health Conditions • Stop Smoking • Health Anxiety • Sleep Issues • Motivation • Self-Esteem and Confidence • Workplace Issues • High Performance Issue
Treatment Modalities	<ul style="list-style-type: none"> • ACT/ Mindfulness • Cognitive Behaviour Therapy (CBT) • Hypnotherapy • Motivational Interviewing • Coaching Sessions • One-off Break Through Sessions using Neuro-Linguistic techniques
Experience	<p>Public Health Settings for 5 years Private Practices, Medical Practices Community Health Centres Corporate Work for almost 10 years</p>
Qualifications	<p>Doctorate of Psychology (D.Psych.) Graduate Diploma of Psychology (Grad.Dip.Psych) Graduate Diploma of Education (Grad.Dip.Ed.) Bachelor of Behavioural Science (BBSoc. – Double Major in Psychology)</p>
Affiliations	<p>AHPRA Registration Member of Australian Psychological Society (MAPS) Member of the APS Health Psychologists</p>