



Name	Mr Brett Pallini
Statement	<p>Brett has over 25 years of experience working as a psychologist. He has a passion and enthusiasm for supporting people and developing strategies to enhance their health and wellbeing. Brett assists people to meet their full potential and to better manage and cope with the many risks of their work and personal life.</p> <p>His approach is friendly, warm and engaging, assisting his clients to feel comfortable in the counselling setting and allow them the courage to address their concerns.</p>
Clients	<ul style="list-style-type: none"> • Adults • Adolescents (16 years and older)
Issues	<ul style="list-style-type: none"> • Mood and Anxiety Disorders • Grief and Bereavement • Trauma (PTSD) and Stress Management • Self-esteem and Self-development • Relationship Discord • Workplace Stress, Health and Wellbeing
Treatment Modalities	<ul style="list-style-type: none"> • CBT and ACT • Psychodynamic Psychotherapy • Brief Solution Focused Therapy • Trauma Debriefing • Mindfulness and Coaching • Mediation and Team Development
Experience	<ul style="list-style-type: none"> • Community Corrections Office • Community Health Centres • Lifeline Melbourne • Corporate and Private Sector • Federal, State and Local Government • Not for Profit and Community Based Services • Owned and managed a private practice for over 10 years
Qualifications	<ul style="list-style-type: none"> • Bachelor App Science (Psychology) • Post Graduate Diploma (Health Psychology) • Certificate of Practicing Psychology • Advanced Certificate - Accredited CISM Debriefer
Affiliations	<ul style="list-style-type: none"> • AHPRA Registration • Member of Australian Psychological Society (MAPS) • Member - Crisis Intervention & Management Australasia • Member - Division of General Psychological Practice (DGPP)