



<b>Name</b>	<b>Mrs Rebecca Anagnostou</b>
<b>Statement</b>	<p>Rebecca has gained experience working with adults in a private practice setting, as well as working with children in a primary school.</p> <p>Rebecca is a friendly and warm psychologist who works ethically and is committed to building strong therapeutic relationships, with a client-centered approach.</p> <p>Rebecca is passionate about supporting clients in addressing current concerns and working collaboratively with the client to achieve their therapeutic goals.</p>
<b>Clients</b>	<ul style="list-style-type: none"> <li>• Adults</li> <li>• Children</li> </ul>
<b>Issues</b>	<ul style="list-style-type: none"> <li>• Depression</li> <li>• Anxiety</li> <li>• Grief and Loss</li> <li>• Anger Management</li> <li>• Emotional Regulation</li> <li>• Stress</li> <li>• Parenting</li> <li>• Self-Esteem</li> <li>• Bullying</li> </ul>
<b>Treatment Modalities</b>	<ul style="list-style-type: none"> <li>• Cognitive Behavioural Therapy</li> <li>• Solution-Focused Therapy</li> </ul>
<b>Experience</b>	<ul style="list-style-type: none"> <li>• Primary School</li> <li>• Private Practice</li> <li>• Employee Assistance Program - Telephone Counselling</li> </ul>
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>• Bachelor of Applied Science Psychology</li> <li>• Honours of Applied Science Psychology</li> <li>• Master of Professional Psychology</li> </ul>
<b>Affiliations</b>	<ul style="list-style-type: none"> <li>• AHPRA Registration</li> <li>• Member of Australian Psychological Society (MAPS)</li> </ul>